



**Depression and Bipolar Support Alliance**  
**Self-Help Support Group**  
(Northeast Georgia Chapter)

**You are NOT alone!**

We've been where you are - loneliness, isolation, fear of stigma, confusion over the treatment, fear of being overwhelmed by the illness. Talking with others who have had similar experiences can be a big help.

Peachtree Corners Baptist Church  
4480 Peachtree Corners Circle, Norcross, GA 30092  
**First and Third Wednesday from 6:30 to 8:00 pm**  
(this is a spiritually based meeting)

**and**

Summit Ridge Hospital  
Group Room 2  
250 Scenic Highway, Lawrenceville, GA 30045  
**Every Tuesday from 7:30 to 9 pm**  
**Every Thursday from 8 to 9 pm**

[dbsanortheastga@yahoo.com](mailto:dbsanortheastga@yahoo.com), [www.dbsanortheastga.org](http://www.dbsanortheastga.org)

**Who we are:** A support and education group for individuals living with depression and bipolar disorder. Friends and family are welcome and encouraged to attend.

**Issues we discuss:** Medication, doctors, work situations, catching early signs of mania and depression, developing strong support systems, learning to take care of ourselves - and whatever else is on your mind.

All meetings are open to the public and **free** of charge.  
**For more information contact Cheryl at 770/755-5038**